

FROZEN LIGHT

THE ISLE OF BRIMSKER

Pre Show Guide



**The Show**

The Isle of Brimsker has been specially created to meet the needs of young adults and adults with Profound and Multiple Learning Disabilities (PMLD). It is an exciting, entertaining and moving piece of theatre which explores ideas of transition and friendship.

Duration

One hour

Audience Numbers

The Isle of Brimsker is performed for an audience of six people with PMLD and their carer/companions. We ask that each person is accompanied by a carer/companion if possible. We also encourage family and friends to come and enjoy the show.

The Space

The show takes place in an empty, flat level theatre space, free of traditional theatre seating. The audience sit in a semi-circle on our glossy black floor close to the actors and set.

The audience is met in the foyer by an actor who will take them into the space one at a time and show them to their seats.

The audience are seated inside shelters formed of shimmer curtain, these shelters can be pulled back or forward depending on the audience members preference. The seating has been designed to be completely accessible for wheelchair users.



Multi-Sensory Interactions

The Isle of Brimsker is a multi-sensory, interactive production. The actors will offer one-to-one interactions to the audience. There are also larger collective sensory moments that everyone is involved in together.

These sensory interactions are an offer and no one has to engage if they don't want to.





Moving Around the Space and Making Noise

The audience has designated seating, but they are free to move around the space if they need to. If an audience member would prefer to watch the show from the back of the room this is also not a problem.

We are happy for the audience to move around the stage as long as they do not go behind the structure, this is for the audiences safety.

If there is an issue the actors will let you know.

The audience does not have to be quiet throughout the show.

Career/Companions - Your Role

As a companion please get involved with the performance, assist the person you are accompanying but also feel and smell all the sensory items yourself, you will have a much better time if you do!

Before the performance each audience member will be given a Visual Story. This is designed to reduce anxieties around the trip to the theatre. Could you please go through this with the person you are accompanying and bring it with you on the day.



Distress

If an audience member becomes distressed, they can move away from the performance space and watch the show from the back of the room. You are welcome to come in and out of the performance. If an audience member does not wish to re-enter the show this is fine, and the actors completely understand. Please don't make the person you support stay in the show if they do not wish to; we won't be offended if you leave.



Photos

You are welcome to take as many photos as you like but please do not use flash or distract from the interaction between the actor and person. Please be sensitive to the audience and their engagement with the performance when taking photos, as this can sometimes be distracting. If we take any photos we will ask you to fill in a photo permission form after the show.

Please do not video or otherwise record the performance.

Frozen Light

Co-Artistic Directors: Amber Onat Gregory and Lucy Garland

Agata: Lucy Garland

Kaya: Amber Onat Gregory

Ivor: Al Watts

Production Manager: David Sherman

Director: Kate O'Connor

Music Composed by: Al Watts

Set design: Katherine Heath

Costume Design: Kirsteen Wythe

Visual Communication: Becky Barry

Project Administration: Sascha Goslin

Associate Producer: Lorna Owen

Photographer: JMA Photography

About Frozen Light

Amber and Lucy, artistic directors of Frozen Light, have been creating theatre for audiences with profound and multiple learning disabilities since 2007. The Isle of Brimsker is Frozen Lights fourth production for people with PMLD.

Outside of Frozen Light both artistic directors have many years of experience in supporting people with PMLD. Lucy was a support worker with adults with learning disabilities for 6 years. Amber also has experience of supporting children with PMLD having spent a number of years working as a teaching assistant in special schools throughout London.